

RW Solutions Senior Community Café

September, 2026

1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION \$3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Mac & Cheese Stewed Tomatoes White Bread Fresh Fruit	2 BBQ Riblette Buttered Noodles Broccoli Wheat Bread Pears	3 Tomato Florentine Unsalted Crackers Pot Roast with LS Gravy Baked Potato Meadow Blend Veggies Rye Bread Banana	4
7 Labor Day Closed 	8 Jumbo Ravioli with Florentine Sauce Brussel Sprouts Multi Grain Bread Birthday Cake	9 Taco Mix Yellow Rice Mexicali Corn Salsa and Sour Cream Shredded Cheese Shredded Lettuce Tortilla Chips Pineapple	10 Chicken Divan Red Bliss Potatoes Summer Blend Veggies  Whole Wheat Bread Banana	
14	15 Chicken and Dumplings Carrots and Peas Dinner Roll Cookies	16 Salisbury Steak with LS Gravy Au Gratin Potatoes Beets  Dinner Roll Rice Crispy Treat	17 Sausage and Cheese Bake Tater Tots Broccoli and Red Peppers Biscuit Banana	
	22 American Chop Suey Zucchini  Italian Bread Mango Pineapple Mix	23 Meatloaf with LS Gravy Mashed Potatoes Green Beans Whole Wheat Bread Pudding	24 Orange Juice Omelet with Mushroom Spinach French Toast Sticks Turkey Bacon Banana	
	29 Chicken Strips with Honey Mustard Sauce Sesame Noodles Asian Blend Veggies Hawaiian Roll Mandarins	30 Gyro with Tzatziki Sauce and Tomato and Onion Tater Tots Cucumber Dill Salad Pita Cinnamon Rice Pudding		