

Baldwin Café
203-377-4991


RW Solutions Community Café

October Menu

1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION \$3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>Fajita Chicken Brown Rice Peppers and Onions</p> <p>Tortilla</p> <p>Pineapple Cup</p>	<p>2</p> <p>Veggie Chili Baked Potato Broccoli Shredded Cheddar Sour Cream</p> <p>Corn Muffin</p> <p>Birthday Cake</p>	<p>3</p> <p>Roast Pork Cranberry Gravy Buttered Noodles Buttered Beets</p> <p>Dinner Roll</p> <p>Mandarin</p>	
	<p>7</p> <p>Chicken Bruschetta Buttered Shells Brussel Sprouts</p> <p>Dinner Roll</p> <p>Pudding</p>	<p>8</p> <p>Spinach White Bean Unsalted Crackers Breaded Pollock Confetti Rice Zucchini and Tomato</p> <p>White Bread</p> <p>Vanilla Wafer</p>	<p>9</p> <p>Lasagna Rolette with Marinara Sauce and Mozzarella Green Beans and Mushrooms</p> <p>Potato Bread</p> <p>Mango Pineapple</p>	<p>10</p>
<p>14</p> 	<p>15</p> <p>Shepard's Pie Carrots</p> <p>Rye Bread</p> <p>Chocolate Chip Cookie</p>	<p>16</p> <p>Tossed Green Salad Italian Dressing Spaghetti with Meat Sauce Italian Blend Veggies</p> <p>Garlic Bread</p> <p>Lorna Doones</p>	<p>17</p> <p>Chicken Corn Chowder Unsalted Crackers Potato Crunch Fish Confetti Rice Winter Blend Veggies</p> <p>Wheat Bread</p> <p>Pears</p>	
	<p>22</p> <p>Turkey and Bean Chili with Macaroni Meadow Blend Veggies</p> <p>Cornbread</p> <p>Oatmeal Bar</p>	<p>23</p> <p>Chicken Picatta Mashed Potatoes Garlic Green Beans</p> <p>White Bread</p> <p>Fresh Fruit</p>	<p>24</p> <p>Pumpkin Curry Soup Unsalted Crackers Roast Pork with Chef's Choice Sauce Baked Potato Broccoli</p> <p>Multigrain Bread</p> <p>Pudding</p>	
	<p>29</p> <p>Fish Sandwich Tartar Sauce Lemon Orzo Brussel Sprouts</p> <p>Hamburger Roll</p>	<p>30</p> <p>Split Pea Soup Unsalted Crackers Herbed Chicken Breast Sweet Potatoes Meadow Blend Veggies</p> <p>White Bread</p>	<p>Halloween Special 31</p> <p>Ghastly Grape Juice Goulash Goulash Ghastly Green Beans</p> <p>Witchy Wheat Bread</p>	

Fresh Apple

Diced Peaches

Halloween Treat!

