

# New Fairfield Senior Center

# April 2026

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

<http://www.newfairfieldseniorcenter.org>

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Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Saturday, April 18</b> <b>10-12:00</b> <b>Commission on Aging Forum</b> <b>“Living Well While Aging in Place”</b></p>	<p><b>Caregivers’ Group Meeting</b> <b>Saturday, April 4</b> <b>at 10:00</b></p>	<p>9:00 Blood Pressure screening <b>1</b> 9:30 Zumba\$10:00 Art Class\$ 10:00 Sit ‘n Stitch, 11:00 Bodies in Motion 11:00 Bronx Club* 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards/Games 1:00 Tech Help* 3:00 Serenity Circle 5:15 Yoga</p>	<p>9:00French\$ <b>2</b> 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Lunch\$, 1:00 Cards n Games 1:00 Canasta 3:30 NO Cornhole 3:30 <b>Mother Daughter Tea*</b></p>	<p><b>CLOSED FOR GOOD FRIDAY</b></p>
<p><b>6</b> 9:30 Zumba\$ 11:00 Bodies In Motion <b>1:00 Hot Dog Bingo\$</b> 3:00 Cornhole</p>	<p><b>7</b> 8:30 No Men’s Breakfast 9:00 Yoga\$, 9:00 Foot Reflexology\$ 9:30 Walkers leave for <b>Old Milltown Road</b> 9:30 Stitch by Stitch Quilting 10:00 Tai Chi/Qigong \$ 12:00 Lunch\$, 12:00 Women’s Pool 1:00 Cards n Games 1:00 Tech Help* 1:00 Mah Jongg, <b>1:30 Crafts with Danielle*</b> 2:00 Men’s Pool</p>	<p><b>8</b> 9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit ‘n Stitch 11:00 Bodies in Motion 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games 1:00 Tech Help by Appt.* 1:30 Massages\$ 5:15 Yoga</p>	<p><b>9</b> 8:30<b>Veterans Breakfast</b> 9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ <b>9:30 Leave for Culinary Institute Trip</b> 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Cards n Games 1:00 Canasta, 3:00 Cornhole 5:30 Friends <b>Paint and Sip Party\$</b></p>	<p><b>10</b> 9:00 Spanish* 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Form Dance 11:00 Garden Club 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie: <b>Little Men</b></p>
<p><b>13</b> 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Wheel of Fortune* 1:00 Mah Jongg 3:00 Cornhole</p>	<p><b>14</b> 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi/Qigong\$, 10:30 Walking Club Meeting 12:00 Lunch\$, 12:00 Women’s Pool 1:00 Mah Jongg, 1:00 Tech Help* <b>1:00 Origami w/ Dirk*</b> 1:30 Investment Club, 2:00 Men’s Pool</p>	<p><b>15</b> 9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit ‘n Stitch 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games, <b>1:00 Tech Help.*</b> <b>1:30 Song Birds of CT*</b> :00 Friend’s Meeting 5:15 Yoga\$</p>	<p><b>16</b> 9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Cards n Games <b>1:00 Housing Market Update: Luks*</b> 3:00 Cornhole</p>	<p><b>17</b> 9:00 Spanish* 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Form Dance* 12:00 Cooking with Puti* 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie: <b>Some Like It Hot</b></p>
<p><b>20</b> 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Intuitive Readings\$ 1:00 Wheel of Fortune* 1:00 Mah Jongg 3:00 Cornhole</p>	<p><b>21</b> 9:00 Yoga\$, 9:30 Walkers leave for <b>Sherman track</b> 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi/Qigong\$, 12:00 Lunch\$, <b>Jen’s Scam Patrol</b> 12:00 Women’s Pool 1:00 Cards n Games1:00 Tech Help* 1:00 Mah Jongg 1:30 Investment Club, 2:00 Men’s Pool</p>	<p><b>22</b> 9:30 Zumba\$, 10:00 Art Class\$ 10:00 Sit n Stitch, 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games , 1:00 Tech Help by Appt.* 1:30 Massages\$, 2:00 <b>Bunco*</b> 5:15 Yoga\$</p>	<p><b>23</b> 9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Cards n Games 1:00 Canasta 3:00 Cornhole</p>	<p><b>24</b> 9:00 Spanish* 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie:</p>
<p><b>27</b> 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Dynamic Energy\$ 1:00 Wheel of Fortune* 1:00 Mah Jongg 3:00 Cornhole</p>	<p><b>28</b> 9:00 Yoga\$, 9:00 Foot Reflexology\$ 9:30 Walkers leave for <b>Ridgefield Rail Trail</b> 9:30 Quilting, 10:00 Tai Chi/Qigong\$ 12:00 Lunch\$, 11-1:00 Women’s Pool, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 RedHatLunch\$ 1:00 Tech Help* <b>1:30 Laughter is the Best Medicine*</b> 1:30 Investment Club, 3:00 Men’s Pool 7:30 COA Meeting</p>	<p><b>29</b> 9:30 Zumba\$, 10:00 Art Class\$ 10:00 Sit n Stitch, 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games , 1:00 Tech Help by Appt.* 5:15 Yoga\$</p>	<p><b>30</b> 9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 11:00 Woman’s Book Club 12:00 Lunch\$ 1:00 Cards n Games 1:00 Canasta 3:00 Cornhole</p>	<p><b>*indicates pre-registration</b> <b>\$ indicates fees and pre-registration required</b> <b>Lunch requires reservation</b></p>