



RW Solutions Senior Community Café

May, 2024

1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION \$3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Tomato Florentine Soup Unsalted Crackers Fish Filet Confetti Rice Capri Blend Veggies Tartar Sauce Wheat Bread Banana	2
5			6 Swedish Meatballs Egg Noodles Spinach Oatmeal Bread Applesauce	7 Chicken Sandwich Waffle Fries Broccoli Lettuce and Tomato Hamburger Bun Fig Newton
	13 Spaghetti with Meat Sauce Italian Blend Veggies Garlic Bread Peaches	14 Apple Juice Pot Roast with LS Beef Gravy Mashed Potato Peas and Mushrooms Rye Bread Birthday Cake	15 Fish and Chips Fish Filet Fries Cole Slaw Tartar Sauce Wheat Bread Tropical Fruit Cup	
	20 Fish Filet Lemon Orzo Diced Butternut Squash Tartar Sauce Wheat Bread Brownie	Memorial Day Lunch 21 Grape Juice Hot Dog Potato Egg Salad Corn on the Cob Hot Dog Bun Watermelon	22 Broccoli Egg Bake Tater Tots Green Beans White Bread Banana	
26 Closed 	27 BBQ Riblette Au Gratin Potatoes California Blend Veggies Corn Muffin Pears	28 Cobb Salad with Diced Chicken, Egg, Cheese, Bacon, Croutons, Romaine Beets Ranch Dressing Whole Wheat Bread Pineapple	29 Grilled Chicken with Tropical Salsa Rice and Black Beans Cinnamon Glazed Carrots White Bread Coconut Rice Pudding	Coconut Rice Pudding

FOOD ALLERGY WARNING: Please be advised that our food may have come in contact or may contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumption of meals. Thank you!