

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

<http://www.newfairfieldseniorcenter.org>

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Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba\$ 11:00 Bodies in Motion 1:00 Hot Dog Bingo\$ 3:00 Cornhole	3 Closed for Election Day 9:30 Walkers: Brewster Rail Trail	4 9:00 BP Screening 10:00 Art Class\$ 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch\$ 12:30 HHQ Quilters 1:00 Cards n Games 1:00 Cribbage 4:15 MahJong	5 9:00 French\$ 9:00 BP Screening 9:30 Movers and Shapers\$ 10:00 Art Class\$ 11:00 Bodies in Motion 1:00 Pearl Harbor Presentation* 1:00 Cards n Games 1:00 Rummikub	6 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga\$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie: Little Fockers
9 9:30 Zumba\$ 11:00 Bodies in Motion 1:00 Anne's 100th Birthday Celebration	10 8:30 Men's Breakfast* 9:00 Foot Reflexology\$ 10:00 TaiChi\$ 10:00 Stitch by Stitch 11:00 Line Dancing\$ 12:00 Women's Pool 1:00 Emergency Prep & Everbridge Presentation* 1:00 Cards n games 1:30 Investment Club with Schwab 2:00 Men's Pool	11 Closed for Veteran's Day 11:00 Ceremony at Veterans Green	12 9:00 French\$ 9:00 BP Screening 9:30 Movers and Shapers\$ 10:00 Art Class\$ 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Haircuts w/ Emily 1:00 Thanksgiving Centerpiece Craft* 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub	13 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga\$ 11:00 Free Form Dance 12:00 Cooking with Puti* 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie: The Meddler
16 9:30 Zumba\$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading\$ 1:30 Crafts with Daniele* 3:00 Cornhole	17 9:00 Yoga\$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi\$ 10:00 Stitch by Stitch 11:00 Line Dancing\$ 12:00 Lunch\$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon\$ 1:30 Investment Club 2:00 Men's Pool	18 9:00 BP Screening 10:00 Art Class\$ 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch\$ 12:30 Massage\$ 12:30 HH Quilters 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* 2:30 NFHS Tech Help* 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga\$	19 9:00 French\$ 9:00 BP Screening 9:30 Movers and Shapers\$ 10:00 Art Class\$ 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	20 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga\$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie: Planes, Trains and Automobiles
23 9:30 Zumba\$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	24 9:00 Yoga\$ 9:00 Foot Reflexology\$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi\$ 11:00 Line Dancing\$ 12:00 Lunch\$ 12:30 Jen's Scam Patrol 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	25 9:00 BP Screening 10:00 Art Class\$ 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Center Closes Early	26 Closed for Thanksgiving	27 Closed
30 9:30 Zumba\$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	31 9:00 Yoga\$ 9:30 Walkers: Church, Sherman 10:00 Stitch by Stitch 10:00 Tai Chi\$ 11:00 Line Dancing 12:00 Lunch\$ 12:00 Women's Pool 1:00 Mah Jong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool		*indicates pre-registration \$ indicates fees and pre-registration required Lunch requires reservation	Caregivers' Group Meeting Saturday, November 7 at 10:00