

# New Fairfield Senior Center



www.newfairfieldseniorcenter.org

## July 2024

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

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Monday	Tuesday	Wednesday	Thursday	Friday
9:30 Zumba\$ 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Tech Help by Appt.* <b>1:00 Hot Dog Bingo\$</b> 3:00 Cornhole*	<b>8:30 Men's Breakfast</b> 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi\$ 10:30 Walk-Ridgefield Rail Trail 12:00 Lunch\$ 1:00 Yoga\$, 1:00 Cards n Games, Mah Jongg 1:30 Craft with Danielle* <b>1:30 Investment Club</b> 2:00 Shooting Pool	9:30 Zumba \$ 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games 1:00 Tech Help by Appt.* 3:00 Prayers for Peace* 5:15 Yoga\$	 No regular programs Boy Scout Pancake breakfast\$ See us in the parade	9:00 Spanish- 10:00 Yoga 10: 00 Garden Club meeting 10:00 Stitch by Stitch Quilting 11:00 Free Dance 1:00 Fair Crafts 1:00 Movie: <b>Year by The Sea</b>
9:30 Zumba\$ 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Tech Help by Appt.* 1:00 Wheel of Fortune* 1:00 Origami – Elephant in Pajamas 3:00 Cornhole	9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi\$ 10:30 Walkers Meeting 10:30 <b>Meet the Danbury Westerners*</b> 12:00 Lunch\$ 1:00 Yoga\$, 1:00 Cards n Games 1:00 Mah Jongg, <b>1:30 Investment Club</b> <b>2:00 Melt Method *</b> 2:00 Shooting Pool	<b>9:00 Bus Trip – Ivoryton Playhouse\$</b> 9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion 11:00 Bronx Club Picnic, 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games 1:00 Tech Help by Appt.* 1:30 <b>No Messages</b> 5:15 Yoga\$	9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Lunch\$, 1:00 Cards n Games 1:00 Canasta <b>1:30 The Price is Right*</b> 3:00 Cornhole	9:00 Spanish 10:00 Yoga 10:00 Stitch by Stitch Quilting 10-12pm Probate <b>Judge Martin Landgrebe*</b> 11:00 Free Dance <b>12:00 Cooking with Puti*</b> 1:00 Fair Crafts 1:00 Movie: <b>Summertime</b>
9:30 Zumba\$ 11:00 Bodies In Motion 12:00 Lunch\$ 1:00 Tech Help by Appt.* * 1:00 Wheel of Fortune* 3:00 Cornhole <b>1:00 Intuitive Readings\$</b>	9:00 Yoga\$ <b>9:00-1:00 AAA Driving Class\$</b> 9:30 Walkers - <i>John Jay Homestead</i> 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi\$, 12:00 Lunch\$ 1:00 Cards n Games 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Kathy's Discussion Group 1:30 <b>Investment Club</b> 2:00 Shooting Pool	9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch, 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games 1:00 Tech Help Appt.* <b>1:30 Bunco\$,</b> <b>4:00 Friend's Meeting</b> 5:15 Yoga\$	9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Lunch\$, 1:00 Cards n Games 1:00 Canasta <b>1:30 Olympics Past and Present *</b> 3:00 Cornhole	9:00 Spanish 10:00 Yoga\$ <b>10:00 Floral Design Workshop\$</b> 10:00 Stitch by Stitch Quilting 11:00 Free Dance 1:00 Fair Crafts 1:00 Movie: <b>Long Hot Summer</b>
9:30 Zumba\$ 11:00 Bodies In Motion 12:00 Lunch\$ 1:00 Tech Help by Appt.* 1:00 Wheel of Fortune* 3:00 Cornhole	9:00 Yoga\$ <b>9:00 Foot Reflexology</b> 9:30 Stitch by Stitch Quilting, 9:30 Walk- <i>Gleneida Rail Trail</i> 10:00 Tai Chi\$, 12:00 Lunch\$, 12:00 <b>Jen's Scam Watch</b> 1:00 Cards n Games 1:00 Yoga\$, 1:00 Mah Jongg <b>1:30 Investment Club</b> 2:00 Shooting Pool,	9:30 Zumba\$ 10:00 Art Class\$ 10:00 Sit n Stitch, 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games, 1:00 Tech Help by Appt.* <b>2:00 Massages*</b> 5:15 Yoga\$	9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 11:00 Women's Book Club\$ 12:00 Lunch\$, 1:00 Cards n Games 1:00 Canasta, 3:00 Cornhole	9:00 Spanish 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Dance 1:00 Fair Crafts <b>1:00 Foot Reflexology</b> 1:00 Movie: <b>A Summer Place</b>
9:30 Zumba\$ 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Tech Help by Appt.* 1:00 Wheel of Fortune* 3:00 Cornhole*	9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi\$ 10:30 Walk- <i>Sherman Track and Beach</i> 12:00 Lunch\$ 1:00 Yoga\$, 1:00 Cards n Games 1:00 Mah Jongg, 1:00 Red Hat Luncheon* <b>1:30 Investment Club</b> 2:00 Shooting Pool		<b>Caregivers Group Meeting</b> <b>Saturday, July 6</b> <b>at 10:00</b>	<b>*indicates pre-registration required</b> <b>\$ indicates fees and pre-registration required</b> <b>Lunch requires reservation</b>