New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**

New Fairfield Senior Center

November 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

http://www.newfairfieldseniorcenter.org

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Hot Dog Bingo$** 3:00 Cornhole	**3** **Closed for Election Day** 9:30 Walkers: Brewster Rail Trail	**4** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bronx Club* 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Sittercise 12:30 HHQ Quilters 12:30 Massage$ 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 3:00 Serenity Circle 4:15 MahJong 5:15 Yoga$	**5** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Pearl Harbor Presentation*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**6** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Little Fockers**
9 9:30 Zumba$ 11:00 Bodies in Motion **1:00 Anne's 100th Birthday Celebration**	8:30 Men's Breakfast* 9:00 Yoga$ **10** 9:00 Foot Reflexology$ 10:00 TaiChi$ 10:00 Stitch by Stitch 10:30 Walker Mtg 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 **Emergency Prep & Everbridge Presentation*** 1:00 Origami* 1:00 Cards n games 1:00 Tech Help* 1:30 Investment Club with Schwab 2:00 Men's Pool	**11** **Closed for Veteran's Day** **11:00 Ceremony at Veterans Green**	**12** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Haircuts w/ Emily **1:00 Thanksgiving Centerpiece Craft*** 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 3:00 Cornhole	**13** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance **12:00 Cooking with Puti*** 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: The Meddler**
16 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 1:00 Intuitive Reading$ 1:30 **Crafts with Daniele*** 3:00 Cornhole	**17** 9:00 Yoga$ 9:30 Walkers: Main St. Bridgewater 10:00 Tai Chi$ 10:00 Stitch by Stitch 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Luncheon$ 1:30 Investment Club 2:00 Men's Pool	9:00 BP Screening 9:30 Zumba$ **18** 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ 12:30 Massage$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* **2:30 NFHS Tech Help*** 4:00 Friend's Meeting 4:15 Mahjong 5:15 Yoga$	**19** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Holiday Trivia* 3:00 Cornhole	**20** 9:00 Spanish* 10:00 Stitch by Stitch Quilting 10:00 Yoga$ 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Planes, Trains and Automobiles**
23 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole	**24** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Squantz Pond 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:30 **Jen's Scam Patrol** 12:00 Women's Pool 1:00 Mahjong 1:00 Cards n Games 1:00 Tech Help* 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**25** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Grief Group 11:00 Bodies in Motion 12:00 Lunch$ **1:00 Center Closes Early**	**26** **Closed for Thanksgiving**	**27** **Closed**
30 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mahjong 3:00 Cornhole			***indicates pre-registration** **$ indicates fees and pre-registration required** **Lunch requires reservation**	**Caregivers' Group Meeting Saturday, November 7 at 10:00**