




*New Fairfield Senior Center*  
203 312-5665

<http://www.newfairfieldseniorcenter.org>

# February 2025

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

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Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Caregivers' Group Meeting</b> <b>Saturday, February 1</b> <b>at 10:00</b>	<b>Groovin' in New Fairfield</b> <b>Coffeehouse</b> <b>Saturday, February 1</b> <b>at 7:30</b> <b>(doors open at 6:45)</b>	<b>*indicates pre-registration</b> <b>\$ indicates fees and pre-registration required</b> <b>Lunch requires reservation</b>	
<b>9-1:00 Tax-Aide*</b> <b>3</b> 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Tech Help by Appt.* <b>1:00 Hot Dog Bingo\$</b> 3:00 Cornhole	<b>8:30 Men's Breakfast*</b> <b>4</b> 9:00 Yoga\$, 9:30 Walkers: <b>Fairfield Hills</b> 9:30 Stitch by Stitch Quilting 10:00 Tai Chi/Qigong \$ 12:00 Lunch\$, 12:00 Women's Pool 1:00 Chair Yoga\$, 1:00 Cards n Games 1:00 Mah Jongg, 1:00 Mr. Fix-it* <b>1:30 Crafts with Danielle*</b> 1:30 Investment Club, 2:00 Men's Pool	<b>9:30 Zumba\$</b> <b>5</b> 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion 11:00 Bronx Club* 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games 1:00 Tech Help by Appt.* 3:00 Prayers for Peace, 5:15 Yoga\$	<b>9:00 French\$</b> <b>6</b> 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 COA/ Registrar office hours * 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Cards n Games 1:00 Canasta, 3:00 Cornhole	<b>9:00 Spanish*</b> <b>7</b> 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting <b>10:00 NEW Writing Class\$</b> 11:00 Free Form Dance 11:00 Garden Club*, <b>12:00 Cooking with Puti*</b> 1:00 Fair Crafts <b>1:00 Movie: Forgetting Sarah Marshall</b>
<b>9-1:00 Tax-Aide*</b> <b>10</b> 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Tech Help by Appt.* 1:00 Wheel of Fortune* 1:00 Mah Jongg <b>2:00 Senior Medicare Patrol Roundtable*</b> 3:00 Cornhole	<b>9:00 Yoga\$</b> <b>11</b> 9:30 Stitb by Stitch Quilting, 10:00 Tai Chi/Qigong\$, 10:30 Walker's Club Meeting 12:00 Lunch\$, 12:00 Women's Pool 1:00 Chair Yoga\$ 1:00 Mah Jongg, <b>1:00 Origami w/ Dirk*</b> <b>2:00 Danbury Fair Presentation*</b> 1:30 Investment Club, 2:00 Men's Pool	<b>9:30 Zumba\$</b> <b>12</b> 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 12:30 Bereavement 1:00 Cards n Games, <b>1:00 Tech Help.*</b> <b>1:30 Massage\$</b> 5:15 Yoga\$	<b>9:00 French\$</b> <b>13</b> 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Cards n Games 1:00 Canasta, 3:00 Cornhole	<b>9:00 Spanish*</b> <b>14</b> 10:00 Yoga\$ 10-12 Probate Judge Landgrebe* 10:00 Stitch by Stitch Quilting <b>10:00 NEW Writing Class\$</b> 11:00 Free Form Dance* <b>12:30 Valentine's Party*</b> 1:00 Fair Crafts
<b>17</b> <b>CLOSED IN OBSERVANCE OF</b> <b>PRESIDENTS DAY</b> 	<b>9:00 Yoga\$,</b> <b>18</b> 9:30 Walkers: <b>Farrington Park</b> 9:30 Stitb by Stitch Quilting, 10:00 Tai Chi/Qigong\$, 12:00 Lunch\$, <b>Jen's Scam Patrol</b> 12:00 W#omen's Pool 1:00 Cards n Games 1:00 Chair Yoga\$, 1:00 Mah Jongg <b>1:00 3-d printing*</b> 1:30 Investment Club, 2:00 Men's Pool	<b>9:30 Zumba\$, 10:00 Art Class\$</b> <b>19</b> 10:00 Sit n St'itch, 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 12:30 Bereavement 1:00 Cards n Games , 1:00 Tech Help by Appt.* <b>**Cutting The Cord Part One**</b> <b>3:00 Friend's Meeting</b> 5:15 Yoga\$	<b>8:00 Garden Club leaves for Flower Show ,</b> <b>9:00 French\$</b> <b>20</b> 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Cards n Games <b>1:00 Cornhole with New Milford</b> 1:00 Canasta	<b>9:00 Spanish*</b> <b>21</b> 10:00 Yoga\$ 10:00 Stitb by Stitch Quilting <b>10:00 NEW Writing Class\$</b> 11:00 Free Form Dance* 1:00 Fair Crafts <b>1:00 Movie: A Long Way From Home</b>
<b>9-1:00 Tax-Aide*</b> <b>24</b> 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Tech Help by Appt.* 1:00 Intuitive Readings\$ 1:00 Wheel of Fortune* 1:00 Mah Jongg 3:00 Cornhole	<b>9:00 Yoga\$,</b> <b>25</b> 9:00 Foot Reflexology\$ 9:30 Walkers: <b>Lakeside</b> , 9:30 Quilting, 10:00 Tai Chi/Qigong\$ 12:00 Lunch\$, 12:00 Women's Pool, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 Chair Yoga\$, 1:00 RedHatLunch\$ 1:30 Investment Club, 2:00 Men's Pool 7:30 COA Meeting	<b>9:30 Zumba\$</b> <b>26</b> 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards /Games 1:00 Tech Help by Appt.** <b>Cutting The Cord Part Two**</b> <b>1:30 Things To Do With A Library Card*</b> 1:30 Massages\$, 5:15 Yoga\$	<b>9:00 French\$</b> <b>27</b> 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 11:00 Women's Book Club\$ 12:00 Lunch\$ <b>1:00 Cornhole with New Milford SNOWDATE</b> 1:00 Cards n Games	<b>9:00 Spanish*</b> <b>28</b> 10:00 Yoga\$ 10:00 Stitb by Stitch Quilting 11:00 Free Form Dance* 1:00 Foot Reflexology\$ 1:00 Fair Crafts <b>1:00 Movie: Before We Go</b>