New Fairfield Senior Center — **December 2026** — *203 312-5665*

www.newfairfieldseniorcenter.com

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

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Monday	Tuesday	Wednesday	Thursday	Friday
$ indicates fee and pre-registration required * indicates pre-registration required Lunch requires reservation see other side for menu and info	**1** 8:30 Men's Breakfast* 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: Church Rd. &America Pie* 10:00 Stitch by Stitch 10:00 Tai Chi$ 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Tech Help* 1:00 Mahjong 1:00 Cards n Games **1:00 The Price is Right*** 1:30 Crafts w/ Danielle* 1:30 Investment Club 2:00 Men's Pool	**2** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Bronx Club 11:00 Bodies in Motion 12:00 Lunch $ & Tree Trimming 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage **1:30 Stroke Prevention Presentation*** 3:00 Serenity Circle 4:15 Mahjong	**3** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ **10:00 Christmas Charm Trip$** 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub **1:00 Creating a Strong Estate Plan*** 3:00 Cornhole	**4** 9:00 Spanish* 10:00 Yoga$ 10:00 Stitch by Stitch 10:00 Garden Club 11:00 Free Form Dance 1:00 Fair Craft 1:00 Chair Yoga$ **1:00 Movie**: **Ordinary Angels**
7 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Hot Dog Bingo$ 3:00 Cornhole	**8** 9:00 Yoga$ 10:00 Tai Chi$ 10:00 Stitch by Stitch 10:30 Walkers: Meeting 11:00 Line Dancing$ 12:00 Lunch$ 12:00 Women's Pool 1:00 Tech Help* 1:00 Mahjong 1:00 Cards n Games 1:00 Origami* 1:30 Investment Club 2:00 Men's Pool	**9** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Bodies in Motion 12:00 Lunch$ 12:30 HH Quilters 12:30 Sittercise 12:30 Massage$ 1:00 Cards n Games 1:00 Cribbage 1:00 Tech Help* **2:30 NFHS Chamber Singers Caroling*** 4:15 Mahjong 5:15 Yoga$	**10** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ 1:00 Cards n Games 1:00 Canasta 1:00 Rummikub 1:00 Men's Haircuts w/ Emily* 3:00 Cornhole	**11** 9:00 Spanish* 10:00 Yoga$ 10 :00 Stitch by Stitch 11:00 Free Form Dance 12:00 Cooking with Puti* 1:00 Fair Crafts 1:00 Chair Yoga$ **1:00 Movie: Double Holiday**
14 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune 1:00 Mahjong 3:00 Cornhole	**15** 9:00 Yoga$ 10:00 Stitch by Stitch 9:30 Walkers: Dover Stone Church 10:00 TaiChi$ 11:00 Line Dancing $ 12:00 Lunch$ 12:00 Women's Pool **12:30 NFMS Treble Rebel Singers*** **1:00 Gingerbread House Making*** 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:30 Investment Club 2:00 Men's Pool	**16** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Bodies in Motion 12:00 Lunch$ 12:30 HH Quilters 12:30 Sittercise 1:00 Cards n Games 1:00 Tech Help* 1:00 Cribbage 2:00 Bunco* 3:00 Friends Meeting 4:15 Mahjong 5:15 Yoga$	**17** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 **NO** Bodies in Motion **12:00 Holiday Party***	**18** 9:00 Spanish* 10: 00 Yoga$ 10:00 Stitch by Stitch 11:00 Free Form Dance 1:00 Fair Craft 1:00 Chair Yoga$ **1:00 Movie: Christmas with the Kranks**
21 9:30 Zumba$ 10:30 COA Listening Session 11:00 Bodies in Motion 1:00 Wheel of Fortune 1:00 Mahjong 3:00 Cornhole	**22** 9:00 Yoga$ 9:00 Foot Reflexology$ 9:30 Walkers: New Fairfield 10:00 Stitch by Stitch 10:00 TaiChi$ 11:00 Line Dancing 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:30 Investment Club 2:00 Men's Pool 7:30 COA Meeting	**23** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit 'n Stitch 11:00 Bodies in Motion 12:00 Lunch$ 12:30 HH Quilters 12:30 Sittercise 12:30 Massage$ 1:00 Cards n Games 1:00 Cribbage 1:00 Tech Help* 4:15 Mahjong 5:15 Yoga$	**24** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Bodies in Motion 12:00 Lunch$ **Center Closing Early**	**25** Center Closed
28 9:30 Zumba$ 11:00 Bodies in Motion 1:00 Wheel of Fortune 1:00 Mahjong 3:00 Cornhole	**29** 9:00 Yoga$ 10:00 Stitch by Stitch 9:30 Walkers: Old Milltown Rd. 10:00 TaiChi$ 11:00 Line Dancing 12:00 Lunch$ 12:00 Women's Pool 1:00 Mahjong 1:00 Tech Help* 1:00 Cards n Games 1:00 Red Hat Lunch$ 1:30 Investment Club 2:00 Men's Pool	**30** 9:00 BP Screening 9:30 Zumba$ 10:00 Art Class$ 10:00 Sit n Stitch 11:00 Bodies in Motion 12:00 Lunch$ 12:30 HH Quilters 12:30 Sittercise 1:00 Tech Help* **1:00 Countdown to the New Year*** 4:15 Mahjong 5:15 Yoga$	**31** 9:00 French$ 9:00 BP Screening 9:30 Movers and Shapers$ 10:00 Art Class$ 11:00 Women's Book Club - 11:00 Bodies in Motion 12:00 Lunch$ **Center Closing Early**	**Caregivers' Group Meeting Saturday, December 5 at 10:00**