

RW Solutions Senior Community Café



March Menu, 2026



1% or Skim milk provided
Margarine available

LS-Low Sodium

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION \$3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2	3 Fish Filet Mashed Potatoes California Blend Veggies Wheat Bread Pudding	4 Lemon Rosemary Chicken Brown Rice Meadow Blend Veggies Italian Bread Fruit Cup	5 Shepard's Pie Green Beans and Pimento Biscuit Banana		
	10 BBQ Chicken Macaroni and Cheese Carrots White Bread Fruited Yogurt	11 Hearty Vegetable Soup Unsalted Crackers Fish Filet Herbed Rice Tuscan Blend Veggies White Dinner Roll Mango Pineapple Mix	12 Ground Beef Stroganoff Mashed Potato Carrots Rye Bread Banana		
	17 Grilled Chicken with Lemon Butter Sauce Diced Butternut Squash Mixed Vegetables Multigrain Bread Cookies	18 Grape Juice Corned Beef and Cabbage Boiled Potatoes Carrots Mustard Rye Bread   St. Patrick's Dessert	19 Salisbury Steak with LS Mushroom Gravy Mashed Potatoes Broccoli White Bread Banana		
	24 Grape Juice Taco Mix Yellow Rice Black Bean, Corn and Mango Salad Flour Tortilla Peaches	25 Meatloaf Mashed Potatoes Mixed Veggies Dinner Roll Orange	26 Sweet and Sour Pork Sesame Noodles Broccoli Wheat Bread Banana		
	31 Meatballs with LS Gravy Herbed Noodle Geneva Blend Veggies Dinner Roll Pears				

FOOD ALLERGY WARNING: Please be advised that our food may have come in contact or may contain peanuts, tree nuts, soy, milk, eggs, wheat, shellfish, or fish. Please advise a staff member of any food allergies prior to consumption of meals. Thank you!