

New Fairfield Senior Center



www.newfairfieldseniorcenter.org

December 2025

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
1 9:30 Zumba\$ 11:00 Bodies in Motion 1:00 Hot Dog Bingo 1:00 Mah Jongg 3:00 Cornhole	2 8:30 Men's Breakfast 9:00 Foot Reflexology\$ 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting 9:30 Walkers: Ridgefield Recreation Ctr., 10:00 Tai Chi\$ 12:00 Lunch\$, 12:00 Women's Pool 1:00 Tech Help by Appt.* 1:00 Chair Yoga\$, 1:00 Cards n Games 1:00 Mah Jongg, 1:30 Crafts w/ Danielle* 1:30 Investment Club, 2:00 Men's Pool* 2:30 Line Dancing\$	3 9:00 Blood Pressure, 9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch, 11:00 Bronx Club* 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:30 Tree Decorating* 1:00 Cards/Games, 1:00 Tech Help Appts.* 3:00 Prayers for Peace* 5:15 Yoga\$	4 9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Garden Club- Diner* 10:00 Blood Pressure Screening 11:00 Bodies in Motion, 12:00 Lunch\$ 1:00 Cards n Games, 1:00 Canasta* 1:30 All About WCAAA Programs* 3:00 Cornhole	5 9:00 Spanish 10:00 Yoga \$ 10:00 Stitch by Stitch Quilting 11:00 Dance 12:00 Bus Departs for Sturbridge 1:00 Fair Crafts 1:00 Movie: The Duke
8 9:30 Zumba\$ 11:00 Bodies in Motion 1:00 Wheel of Fortune 1:00 Mah Jongg 3:00 Cornhole	9 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting 10:00 Tai Chi\$, 10:30 Walkers Meeting 12:00 Lunch\$, 12:00 Women's Pool 1:00 Tech Help by Appt.* 1:00 Chair Yoga\$, 1:00 Cards n Games 1:00 Origami* 1:00 Mah Jongg, 1:30 Investment Club, 2:00 Men's Pool* 2:30 Line Dancing\$	10 9:00 Blood Pressure, 9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch, 10:30 Municipal Agent Give & Take 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards/Games, 1:00 Tech Help Appts.* 1:30 Massages\$ 1:30 Beach Boys w/ S. Armstrong* 5:15 Yoga\$	11 9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 COA Listening Session* 10:00 Blood Pressure Screening 11:00 Bodies in Motion, 12:00 Lunch\$ 11:00 Women's Book Club 1:00 Cards n Games, 1:00 Canasta* 1:30 Burial w/ Green Funeral Home* 3:00 Cornhole	12 9:00 Spanish 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Dance 12:00 Cooking with Puti* 1:00 Fair Crafts 1:00 Movie: Shall We Dance
15 9:30 Zumba\$ 11:00 Bodies in Motion 1:00 Wheel of Fortune 1:00 Mah Jongg 3:00 Cornhole	16 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 9:30 Walkers: Squantz Pond, 10:00 Tai Chi\$, 12:00 Lunch \$ 12:00 Women's Pool*, 1:30 Cards n Games, 1:00 Tech Help by Appt.* 1:00 Chair Yoga\$, 1:00 Mah Jongg 1:30 Investment Club 2:00 Men's Pool*,	17 9:00 Blood Pressure 9:30 Zumba\$, 10:00 Art Class\$ 10:00 Sit n St'itch, 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games , 1:00 Tech Help by Appt.*, 1:00 Trip to Provence Presentation * 2:00 Bunco\$ 5:15 Yoga\$	18 All Regular Programs Canceled 12:00 HOLIDAY PARTYS 	19 9:00 Spanish 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Dance 1:00 Fair Crafts 1:00 Movie: Love Actually
22 9:30 Zumba \$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mah Jongg 2:00 DIY Charcuterie Board\$ 3:00 Cornhole	23 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 9:30 Walkers: No Walk Today, 10:00 Tai Chi\$, 12:00 Lunch\$ 12:00 Beginner's Pool*, 1:00 Tech Help by Appt.* 1:00 Cards n Games 1:00 Chair Yoga\$, 1:00 Mah Jongg 1:30 Investment Club, 2:00 Men's Pool*,	24 9:00 Blood Pressure , 9:30 Zumba\$ 10:00 Art Class\$ 10:00 Sit 'n Stitch 11:00 Bodies in Motion, 12:00 Lunch\$	25 Senior Center Closed Merry Christmas	26 Closed
29 9:30 Zumba \$ 11:00 Bodies in Motion 1:00 Wheel of Fortune* 1:00 Mah Jongg 1:00 Intuitive Reading\$ 3:00 Cornhole	30 9:00 Yoga\$ 9:00 Foot Reflexology\$ 9:30 Stitch by Stitch Quilting, 9:30 Walkers: Church Road, Sherman 10:00 Tai Chi\$, 12:00 Lunch\$ 12:00 Beginner's Pool*, 1:00 Tech Help by Appt.* 1:00 Cards n Games 1:00 Red Hat Luncheon\$ 1:00 Chair Yoga\$, 1:00 Mah Jongg 1:30 Investment Club, 2:00 Men's Pool	31 9:00 Blood Pressure , 9:30 Zumba \$ 10:00 Art Class\$ 10:00 Sit 'n Stitch 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Countdown to The New Year* 	Caregivers' Group Meeting Saturday, December 6 at 10:00	*indicates pre-registration \$ indicates fees and pre-registration required Lunch requires reservation