

New Fairfield Senior Center

<http://www.newfairfieldseniorcenter.org>

March 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
2 9-1:00 Tax-Aide* 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Hot Dog Bingo\$ 3:00 Cornhole Kay's Birthday	3 8:30 Men's Breakfast* 9:00 Yoga\$, 9:00 Foot Reflexology\$ 9:30 Walkers 9:30 Stitch by Stitch Quilting 10:00 Tai Chi/Qigong \$ 12:00 Lunch\$, 12:00 Women's Pool 1:00 Cards n Games 1:00 Mah Jongg, 1:00 St. Patrick's Party\$ 1:30 Crafts with Danielle* 1:30 Investment Club, 2:00 Men's Pool	4 9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion 11:00 Bronx Club* 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games 1:00 Tech Help by Appt.* 1:30 Adaptive Equip and Home Mod* 3:00 Prayers for Peace, 5:15 Yoga\$	5 9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 11:00 Grief Group 12:00 Lunch\$ 1:00 Cards n Games 1:00 Canasta, 3:00 Cornhole	6 9:00 Spanish* 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Form Dance 11:00 Garden Club at Center 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie:
9 9-1:00 Tax-Aide* 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Wheel of Fortune* 1:00 Mah Jongg 3:00 Cornhole	10 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi/Qigong\$, 10:00 8 Ball 10:30 Walker's Club Meeting 12:00 Lunch\$, 12:00 Women's Pool 1:00 Mah Jongg, 1:00 Origami w/ Dirk* 1:30 Investment Club, 2:00 Men's Pool	11 9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion 12:00 Lunch\$, 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards/Games 1:00 Tech Help by Appt.* 1:30 Massages\$, 3:00 Serenity Circle, 5:15 Yoga\$	12 9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 11:00 Grief Group 12:00 Lunch\$ 1:00 Cards n Games 1:00 Price is Right, 2:00 Joint Pain* 1:00 Canasta, 3:00 Cornhole	13 9:00 Spanish* 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Form Dance 12:00 Cooking with Puti* 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie:
16 9-1:00 Tax-Aide* 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Wheel of Fortune* 1:00 Mah Jongg 3:00 Cornhole	17 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 10:00 Lucky Shamrock Scavenger Hunt 10:00 Tai Chi/Qigong\$, 10:00 8 Ball 10:30 Walker's Club Meeting 12:00 Lunch\$, 12:00 Women's Pool 1:00 Mah Jongg, 1:30 Investment Club, 2:00 Men's Pool	18 9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games, 1:00 Tech Help.* 2:00 Bunco\$ 4:00 Friend's Meeting 5:15 Yoga\$	19 9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion, 11:00 Grief Group 12:00 Lunch\$ 1:00 Market Update – Luks Realty* 1:00 Cards n Games 1:00 Canasta, 3:00 Cornhole	20 9:00 Spanish* 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie:
23 9-1:00 Tax-Aide* 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Wheel of Fortune* 1:00 Mah Jongg 3:00 Cornhole	24 9:00 Yoga\$, 9:30 Walkers: 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi/Qigong\$, 10:00 8 Ball 12:00 Lunch\$, Jen's Scam Patrol 12:00 Women's Pool 1:00 Cards n Games 1:00 Mah Jongg 1:30 Investment Club, 2:00 Men's Pool	25 9:30 Zumba\$, 10:00 Art Class\$ 10:00 Sit n St'itch, 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games , 1:00 Tech Help by Appt.* 1:30 Massages\$ 5:15 Yoga\$	26 9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 11:00 Grief Group 11:00 Woman's Book Club 12:00 Lunch\$ 1:00 Cards n Games 12:30 Lunch & Learn Housing Options* 1:00 Canasta 3:00 Cornhole	27 9:00 Spanish* 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie:
30 9-1:00 Tax-Aide* 9:00 AAA Defensive Driving\$ 1:00 Fraud Awareness with M&T Bank* 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Wheel of Fortune* 1:00 Mah Jongg 3:00 Cornhole	31 9:00 Yoga\$, 9:00 Foot Reflexology\$ 9:30 Walkers: 9:30 Quilting, 10:00 Tai Chi/Qigong\$ 12:00 Lunch\$, 12:00 Women's Pool, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 Red Hat Luncheon\$ 1:30 Investment Club, 2:00 Men's Pool 7:30 COA Meeting	Caregivers' Group Meeting Saturday, March 7 at 10:00	*indicates pre-registration \$ indicates fees and pre-registration required Lunch requires reservation	