

Mission Statement

The mission of New Fairfield Senior Services and the New Fairfield Senior Center is to provide opportunities for enrichment and interaction for senior adults in an atmosphere of support and respect, and to maximize a sense of wellbeing and health through participation in activities at the Center and in the community.

GOALS AND OBJECTIVES

Goal: To provide senior citizens with experiences which involve them in the life of the Center itself, the town of New Fairfield (including the political life, educational life, and social life) and in the wider community, which allows them to apply and improve their knowledge and skills.

Objective: To ensure that the staff is always prepared to give quality service by providing for regular training.

Objective: To plan and execute a wide variety of programs that include the arts, language, entertainment, socialization, education, social events, exercise, benefits counseling, and more.

Objective: To stay familiar with the procedures of the Town of New Fairfield Finance Department in order to plan and present an annual budget for approval and to allow for proper submission of requisitions and invoices for payments for such programs.

Goal: To reach out to the diverse population of seniors, whether that diversity is reflected in age, socioeconomic status, religion, educational level, ethnicity, culture or other variables, through programs designed to build and maintain a broad base of participants.

Objective: To make use of various means of outreach including a website, regular emails, a newsletter, news outlets, social media, associations with other providers, government agencies and churches in the region. Most importantly, through the purity of our attention to people when they reach out to us.

Goal: To counter ageism by influencing policies and programs that benefit all of us as we age and to promote age-friendliness throughout the community.

Objective: Organize intergenerational activities throughout the year.

Objective: Coordinate a senior volunteer program with New Fairfield schools

Objective: Provide opportunities for students of higher education to do field study at our Senior Center.

Goal: To permanently maintain a safe and attractive facility that serves as a focal point in the community for senior services and activities.

The New Fairfield Senior Center is designated as a Focal point in Connecticut by the Western CT Area Agency on Aging. *"A Focal Point is a highly visible facility where anyone in the community can obtain information and access to aging services."*

Objective: Maintain good communication with New Fairfield Public Works Buildings and Grounds. Ensure that regular safety inspections are made. Keep the facility clean and attractive while in use.

Goal: To provide seniors and their families with a full range of information on community and regional services. These include health insurance counseling, tax aide, fuel assistance and other support programs through such organizations as the New Fairfield Social Services Department, the CT Department of Elderly Services, the Western CT Area Agency on Aging, AARP, and various local service organizations.

Goal: To assist caregivers.

Objective: To provide information regarding home care providers, benefits such as the CT Home care for Elders Program, respite programs and more.

Objective: To follow through with help for applications for benefits.

Objective: To schedule a monthly Caregiver Support group led by a Social Worker.

Goal: To embrace, support, and empower those senior citizens for whom loss and adversity have taken a toll.

Objective: Continue to offer resources to older residents during periods of incapacity and hardship.

Objective: Ensure that there is always bereavement support available here at the Senior Center.