



RW Solutions Senior Community Café






July, 2026



1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION \$3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cheeseburger with Swiss Cheese French Fries Corn on the Cob Pickle Slices Hamburger Bun Watermelon	2 Sweet and Sour Meatballs White Rice Oriental Blend Veggies Wheat Roll Banana	3 Fourth of July Closed 
6	7 Breaded Chicken Breast with Honey Glaze Red Bliss Potato Spinach Multigrain Bread Apple	8 Cobb Salad with Chicken, Egg, Cheese, and Bacon Beets Ranch Dressing White Bread Strawberry Bar	9 Minestrone Soup Unsalted Crackers Pork Loin with Pineapple Sauce Sweet Potatoes Cauliflower White Bread Banana	10
	14 Meatloaf Confetti Rice Carrots Multigrain Bread Apple	15 Vegetable Barley Soup Unsalted Crackers Tuna Salad Ziti Broccoli Salad Cucumber Dill Salad Happy Birthday Hot Dog Bun Birthday Cake	16 Pot Roast with LS Mushroom Gravy Baked Potato Meadow Blend Veggies Rye Bread Banana	
	21 Chicken Parmesan Penne with Marinara Sauce Zucchini Garlic Bread Rice Crispy Treat	22 BBQ Pork Riblet Au Gratin Potatoes Cali Blend Veggies Cornbread Oreos	23 Taco Mix Yellow Rice Mexican Corn Shredded Cheese Shredded Lettuce Flour Tortilla Banana	
	28 American Chop Suey Peas Italian Bread Tropical Fruit	29 Orange Juice Omelet with Cheese French Toast Sticks Spinach  Fresh Fruit	30 Tossed Salad Italian Dressing Grilled Chicken with Marsala Sauce Buttered Ziti Italian Blend Whole Wheat Roll Banana	

