

New Fairfield Senior Center

April 2026

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

<http://www.newfairfieldseniorcenter.org>

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Monday	Tuesday	Wednesday	Thursday	Friday
Saturday, April 18 10-12:00 Commission on Aging Forum “Living Well While Aging in Place”	Caregivers’ Group Meeting Saturday, April 4 at 10:00	9:00 Blood Pressure screening 1 9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit ‘n Stitch 11:00 Bodies in Motion 11:00 Bronx Club* 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games 1:00 Tech Help by Appt.* 3:00 Serenity Circle , 5:15 Yoga	9:00 French\$ 2 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Lunch\$, 1:00 Cards n Games 1:00 Canasta 3:30 NO Cornhole 3:30 Mother Daughter Tea*	3 CLOSED FOR GOOD FRIDAY
9-1:00 Tax-Aide* 6 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Hot Dog Bingo\$ 3:00 Cornhole	8:30 No Men’s Breakfast 7 9:00 Yoga\$, 9:00 Foot Reflexology\$ 9:30 Walkers Meet to Walk 9:30 Stitch by Stitch Quilting 10:00 Tai Chi/Qigong \$ 12:00 Lunch\$, 12:00 Women’s Pool 1:00 Chair Yoga\$, 1:00 Cards n Games 1:00 Mah Jongg, 1:30 Crafts with Danielle* 2:00 Men’s Pool	9:30 Zumba\$ 8 10:00 Art Class\$, 10:00 Sit ‘n Stitch 11:00 Bodies in Motion 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games 1:00 Tech Help by Appt.* 1:30 Massages\$ 5:15 Yoga	8:30 Veterans Breakfast 9 9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 9:30 Leave for Culinary Institute Trip 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Cards n Games 1:00 Canasta, 3:00 Cornhole 5:30 Friends Paint and Sip Party\$	9:00 Spanish* 10 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Form Dance 11:00 Garden Club 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie: Little Men
9:00-1:00 Tax -Aide* 13 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Wheel of Fortune* 1:00 Mah Jongg 3:00 Cornhole	9:00 Yoga\$ 14 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi/Qigong\$, 10:30 Walking Club Meeting 12:00 Lunch\$, 12:00 Women’s Pool 1:00 Chair Yoga\$ 1:00 Mah Jongg, 1:00 Origami w/ Dirk* 1:30 Investment Club, 2:00 Men’s Pool	9:30 Zumba\$ 15 10:00 Art Class\$, 10:00 Sit ‘n Stitch 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games, 1:00 Tech Help.* 1:30 Song Birds of CT* :00 Friend’s Meeting 5:15 Yoga\$	9:00 French\$ 16 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Cards n Games 1:00 Housing Market Update: Luks* 3:00 Cornhole	9:00 Spanish* 17 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Form Dance* 12:00 Cooking with Puti* 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie: Some Like It Hot
20 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Intuitive Readings\$ 1:00 Wheel of Fortune* 1:00 Mah Jongg 3:00 Cornhole	9:00 Yoga\$, 21 9:30 Walkers Meet to Walk 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi/Qigong\$, 12:00 Lunch\$, Jen’s Scam Patrol 12:00 Women’s Pool 1:00 Cards n Games 1:00 Chair Yoga\$, 1:00 Mah Jongg 1:30 Investment Club, 2:00 Men’s Pool	9:30 Zumba\$, 10:00 Art Class\$ 22 10:00 Sit n Stitch, 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games , 1:00 Tech Help by Appt.* 1:30 Massages\$, 2:00 Bunco* 5:15 Yoga\$	9:00 French\$ 23 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Lunch\$ 1:00 Cards n Games 1:00 Canasta 3:00 Cornhole	9:00 Spanish* 24 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie:
27 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Dynamic Energy\$ 1:00 Wheel of Fortune* 1:00 Mah Jongg 3:00 Cornhole	9:00 Yoga\$, 28 9:00 Foot Reflexology\$ 9:30 Walkers meet to walk 9:30 Quilting, 10:00 Tai Chi/Qigong\$ 12:00 Lunch\$, 11-1:00 Women’s Pool, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 Chair Yoga\$, 1:00 RedHatLunch\$ 1:30 Laughter is the Best Medicine* 1:30 Investment Club, 3:00 Men’s Pool 7:30 COA Meeting	29 9:30 Zumba\$, 10:00 Art Class\$ 10:00 Sit n Stitch, 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games , 1:00 Tech Help by Appt.* 5:15 Yoga\$	9:00 French\$ 30 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 11:00 Woman’s Book Club 12:00 Lunch\$ 1:00 Cards n Games 1:00 Canasta 3:00 Cornhole	*indicates pre-registration \$ indicates fees and pre-registration required Lunch requires reservation