

New Fairfield Senior Center


www.newfairfieldseniorcenter.org

December 2024

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

203 312-5665

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Monday	Tuesday	Wednesday	Thursday	Friday
9:30 Zumba \$ 2 11:00 Bodies in Motion 12:00 Lunch 1:00 Hotdog Bingo 1:00 Tech Help* 1:00 Mah Jongg 3:00 Cornhole	8:30 Men's Breakfast * 3 9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi\$ 9:30 Walk- Sherman Track 12:00 Lunch\$ 1:00 Mr. Fix It 1:00 Yoga\$, 1:00 Cards n Games, Mah Jongg 1:30 Investment Club 1:30 Craft's w/ Danielle* 2:00 Shooting Pool	9-12 Blood Pressure Screening 4 9:30 Zumba \$ 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion 11:00 Bronx Club 12:00 Lunch\$, 12:30 NO Bereavement Group 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games, 1:30 Bird Presentation* 3:00 Prayers for Peace* 5:15 Yoga\$	9:00 French\$ 5 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 12:00 Lunch\$, 1:00 Cards n Games 1:00 Canasta 1:30 Origami with Dirk* 3:00 Cornhole	9:00 Spanish* 6 10:00 Yoga 10:00 Stitch by Stitch Quilting 11:00 Garden Club (Diner) 11:00 Free Form Dancing* 1:00 Fair Crafts 1:00 Movie A Merry Scottish Christmas
9:30 Zumba\$ 9 11:00 Bodies In Motion 1:00 Tech Help by Appt.* 1:00 Mah Jongg 1:00 Wheel of Fortune* 3:00 Cornhole	9:00 Yoga\$ 10 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi\$ 11:00 Let's Dance Ballroom Dancing* 10:30 Walkers Meeting 12:00 Lunch\$ 1:00 Yoga\$, 1:00 Cards n Games 1:00 Mah Jongg, 1:30 Investment Club 2:00 Shooting Pool	9:30 Zumba\$ 11 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion 12:00 Lunch\$ 12:30 Bereavement Group 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Tree Decorating with NFHS Chamber Singers* 1:00 Cards n Games 1:30 Massages 5:15 Yoga\$	9:00 French\$ 12 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 BP Screening, 10:00 COA Listening session 10:15 Bus Departs for Lyndhurst\$ 11:00 Bodies in Motion 12:00 Lunch\$, 1:00 Cards n Games 1:00 Canasta 3:00 Cornhole	9:00 Spanish* 10:00 Yoga 13 10:00 Stitch by Stitch Quilting 10-12pm Probate Judge Landgrebe* 11:00 Free Form Dancing* 12:00 Cooking with Puti* 1:00 Fair Crafts 12:50 Movie: Christmas on Cherry Lane 3:00 Art Reception*
9:30 Zumba\$ 16 11:00 Bodies In Motion 1:00 Tech Help by Appt.* 1:00 Mah Jongg 1:00 Wheel of Fortune* 1:00 Intuitive Readings 3:00 Cornhole	9:00 Yoga\$ 17 9:30 Walkers -Farrington 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi\$, 1:00 Jen's Scam Watch- 12:00 Lunch\$ 1:00 Cards n Games 1:00 Yoga\$, 1:00 Mah Jongg 1:00 Red Hat Luncheon\$ 1:30 Investment Club 2:00 Shooting Pool	9-12 Blood Pressure Screening 18 9:30 Zumba\$, 10:00 Art Class\$, 10:00 Sit 'n Stitch, 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 Bereavement Group 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games 12:30 Music with M Range* 5:15 Yoga\$	19 All Regular Programs Canceled 12:00 HOLIDAY PARTY\$ 	9:00 Spanish* 20 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Form Dancing* 1:00 Fair Crafts 12:55 Movie: A Holiday Spectacular
9:30 Zumba\$ 23 11:00 Bodies In Motion 1:00 Tech Help by Appt.* 1:00 Mah Jongg 1:00 Wheel of Fortune* 3:00 Cornhole	24 CLOSED	25 CLOSED FOR CHRISTMAS	9:00 French\$ 26 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 11:00 Women's Book Club\$ 12:00 Lunch\$, 1:00 Cards n Games 1:00 Canasta, 3:00 Cornhole	9:00 Spanish * 27 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Form Dancing* 11:00 Foot Reflexology\$ 1:00 Fair Crafts 1:00 Movie: New Year's Eve
9:30 Zumba\$ 30 11:00 Bodies In Motion 1:00 Tech Help by Appt.* 1:00 Mah Jongg 1:00 Wheel of Fortune* 3:00 Cornhole	9:00 Yoga\$ 31 9:00 Foot Reflexology \$ 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi\$, 1:00 Countdown to The New Year*	*indicates pre-registration required \$ indicates fees and pre-registration required Lunch requires reservation	