

# New Fairfield Senior Center

<http://www.newfairfieldseniorcenter.org>

# March 2026

203 312-5665

Hours: Mon-Thurs 9-4pm, Fri 9-3pm

Befriend us on Facebook: New Fairfield Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p><b>9-1:00 Tax-Aide*</b> 9:30 Zumba\$ 11:00 Bodies In Motion <b>1:00 Hot Dog Bingo\$</b> 3:00 Cornhole Kay's Birthday</p>	<p><b>3</b></p> <p><b>8:30 Men's Breakfast*</b> 9:00 Yoga\$, 9:00 Foot Reflexology\$ 9:30 Walkers 9:30 Stitch by Stitch Quilting 10:00 Tai Chi/Qigong \$ 12:00 Lunch\$, 12:00 Women's Pool 1:00 Cards n Games 1:00 Mah Jongg, <b>1:00 St. Patrick's Party\$</b> 1:30 Investment Club, 2:00 Men's Pool</p>	<p><b>4</b></p> <p>9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion 11:00 Bronx Club* 12:00 Lunch\$ 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards n Games 1:00 Tech Help by Appt.* <b>1:30 Adaptive Equip and Home Mod*</b> 3:00 Serenity Circle, 5:15 Yoga\$</p>	<p><b>5</b></p> <p>9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 11:00 Grief Group 12:00 Lunch\$ 1:00 Cards n Games 1:00 Canasta, 3:00 Cornhole</p>	<p><b>6</b></p> <p>9:00 Spanish* 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Form Dance 11:00 Garden Club at Center 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie:</p>
<p><b>9</b></p> <p><b>9-1:00 Tax-Aide*</b> 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Wheel of Fortune* <b>1:30 Crafts with Danielle*</b> 1:00 Mah Jongg 3:00 Cornhole</p>	<p><b>10</b></p> <p>9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 10:00 Tai Chi/Qigong\$, 10:00 <b>8</b> Ball 10:30 Walker's Club Meeting 12:00 Lunch\$, 12:00 Women's Pool 1:00 Mah Jongg, 1:00 Tech Help* <b>1:00 Origami w/ Dirk*</b> 1:30 Investment Club, 2:00 Men's Pool <b>2:30 Try Line Dancing - FREE</b></p>	<p><b>11</b></p> <p>9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion 12:00 Lunch\$, 12:30 Sittercise, 12:30 HHQ Quilters, 1:00 Cards/Games 1:00 Tech Help by Appt.* 1:30 Massages\$, <b>1:30 Overnight Trips Presentation*</b> 5:15 Yoga\$</p>	<p><b>12</b></p> <p>9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 11:00 Grief Group 12:00 Lunch\$ 1:00 Cards n Games <b>1:00 Price is Right, 2:00 Joint Pain*</b> 1:00 Canasta, 3:00 Cornhole</p>	<p><b>13</b></p> <p>9:00 Spanish* 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Form Dance <b>12:00 Cooking with Puti*</b> 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie:</p>
<p><b>16</b></p> <p><b>9-1:00 Tax-Aide*</b> 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Wheel of Fortune* 1:00 Mah Jongg 3:00 Cornhole</p>	<p><b>17</b></p> <p>9:00 Yoga\$ 9:30 Stitch by Stitch Quilting, 10:00 Lucky Shamrock Scavenger Hunt 10:00 Tai Chi/Qigong\$, 10:00 <b>8</b> Ball 10:30 Walker's Club Meeting 12:00 Lunch\$, 12:00 Women's Pool 1:00 Mah Jongg, 1:00 Tech Help* 1:30 Investment Club, 2:00 Men's Pool 2:30 Line Dancing</p>	<p><b>18</b></p> <p>9:30 Zumba\$ 10:00 Art Class\$, 10:00 Sit 'n Stitch 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games, <b>1:00 Tech Help.*</b> 2:00 Bunco\$ 4:00 Friend's Meeting 5:15 Yoga\$</p>	<p><b>19</b></p> <p>9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion, 11:00 Grief Group 12:00 Lunch\$ 1:00 <b>Market Update</b> – Luks Realty* 1:00 Cards n Games 1:00 Canasta, 3:00 Cornhole</p>	<p><b>20</b></p> <p>9:00 Spanish* 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie:</p>
<p><b>23</b></p> <p><b>9-1:00 Tax-Aide*</b> 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Wheel of Fortune* 1:00 Mah Jongg 3:00 Cornhole</p>	<p><b>24</b></p> <p>9:00 Yoga\$ Foot Reflexology \$, 9:30 Walkers: 9:30 Quilting, 10:00 Tai Chi\$, 10:00 <b>8</b> Ball 12:00 Lunch\$, <b>Jen's Scam Patrol</b> 12:00 Women's Pool 1:00 Mah Jongg 1:00 Cards n Games, 1:00 Tech Help* 1:30 Investment Club, 2:00 Men's Pool 2:30 Line Dancing 7:30 COA Meeting</p>	<p><b>25</b></p> <p>9:30 Zumba\$, 10:00 Art Class\$ 10:00 Sit n St'itch, 11:00 Bodies in Motion, 12:00 Lunch\$ 12:30 HHQ Quilters, 12:30 Sittercise, 1:00 Cards n Games , 1:00 Tech Help by Appt.* 1:30 Massages\$ 5:15 Yoga\$</p>	<p><b>26</b></p> <p>9:00 French\$ 9:30 Movers and Shapers\$ 10:00 Art Class\$ 10:00 Blood Pressure Screening* 11:00 Bodies in Motion 11:00 Grief Group 11:00 Woman's Book Club 12:00 Lunch\$ 1:00 Cards n Games <b>12:30 Lunch &amp; Learn Housing Options*</b> 1:00 Canasta 3:00 Cornhole</p>	<p><b>27</b></p> <p>9:00 Spanish* 10:00 Yoga\$ 10:00 Stitch by Stitch Quilting 11:00 Free Form Dance* 1:00 Fair Crafts 1:00 Chair Yoga\$ 1:00 Movie:</p>
<p><b>30</b></p> <p><b>9-1:00 Tax-Aide*</b> <b>9:00 AAA Defensive Driving\$</b> <b>1:00 Fraud Awareness with M&amp;T Bank*</b> 9:30 Zumba\$ 11:00 Bodies In Motion 1:00 Wheel of Fortune* 1:00 Mah Jongg 3:00 Cornhole</p>	<p><b>31</b></p> <p>9:00 Yoga\$, 9:30 Walkers: 9:30 Quilting, 10:00 Tai Chi/Qigong\$ 12:00 Lunch\$, 12:00 Women's Pool, 1:00 Mah Jongg, 1:00 Cards n Games, 1:00 Red Hat Luncheon\$ 1:00 Tech Help* 1:30 Investment Club, 2:00 Men's Pool 2:30 Line Dancing</p>	<p><b>Caregivers' Group Meeting</b> <b>Saturday, March 7</b> <b>at 10:00</b></p>	<p><b>*indicates pre-registration</b> <b>\$ indicates fees and pre-registration required</b> <b>Lunch requires reservation</b></p>	